



*UNASHAMED:
EXPRESSION IN WORSHIP*
PASTOR BRIAN BEMENT
SEPTEMBER 30, 2018
PSALM 150



*UNASHAMED:
EXPRESSION IN WORSHIP*
PASTOR BRIAN BEMENT
SEPTEMBER 30, 2018
PSALM 150

BIG MOVE: Delight in expanding your EXPRESSION of PRAISE.

1. Express praise as a response to TRUTH.

2. Express praise to REMEMBER.

3. Express praise EVERYWHERE.

BIG MOVE: Delight in expanding your EXPRESSION of PRAISE.

1. Express praise as a response to TRUTH.

2. Express praise to REMEMBER.

3. Express praise EVERYWHERE.

UNASHAMED

Read Psalm 150. The word “praise” occurs 278 times in the entire Bible, 166 times in the Psalms, and 13 times in this specific Psalm. In addition, there are 10 different Hebrew words used to express praise, showing this word is a multifaceted expression of joy as a faith response to the character and truth of God, with meanings like shouting, throwing arms upward, and joy to the max. Therefore, with this understanding of praise, we cannot make an argument for expressionless worship. When praise is rooted in the truth of God, a right understanding of worship captures the entirety of a person.

REVIEW

All of us praise what we value, and our expression of joy is proportional to the value. Think about a time when the truth of something or a situation brought about a visceral, physical response in your life. What was your reaction? _____

If we truly believe God is who He says He is, then what would it look like for our expression of praise to be proportional to the value of God? _____

ASSESS

There is emotion and engagement in praise that helps us rehearse and reinforce truth that causes us to remember. What specific worship song or hymn helps you remember a truth about God or a situation that He brought you through? _____

In what ways are you tempted to observe praise, rather than participate in it? _____

How may God want to expand your expression of praise? _____

APPLY

Psalm 150 ends by saying, “let everything that has breath praise the Lord!” Everyone should praise God everywhere – that is what God deserves. God’s entire redemptive story reveals His glory to us. We learn to expand our expression of praise by practicing all the time. What step can you take this week to express praise everywhere and grow in consistency? _____

WEEK 1: DAY 1: Luke 8 DAY 2: Luke 9 DAY 3: Luke 10 DAY 4: Luke 22 DAY 5: Luke 23 DAY 6: Catch Up/Reflection DAY 7: Catch Up/Reflection

UNASHAMED

Read Psalm 150. The word “praise” occurs 278 times in the entire Bible, 166 times in the Psalms, and 13 times in this specific Psalm. In addition, there are 10 different Hebrew words used to express praise, showing this word is a multifaceted expression of joy as a faith response to the character and truth of God, with meanings like shouting, throwing arms upward, and joy to the max. Therefore, with this understanding of praise, we cannot make an argument for expressionless worship. When praise is rooted in the truth of God, a right understanding of worship captures the entirety of a person.

REVIEW

All of us praise what we value, and our expression of joy is proportional to the value. Think about a time when the truth of something or a situation brought about a visceral, physical response in your life. What was your reaction? _____

If we truly believe God is who He says He is, then what would it look like for our expression of praise to be proportional to the value of God? _____

ASSESS

There is emotion and engagement in praise that helps us rehearse and reinforce truth that causes us to remember. What specific worship song or hymn helps you remember a truth about God or a situation that He brought you through? _____

In what ways are you tempted to observe praise, rather than participate in it? _____

How may God want to expand your expression of praise? _____

APPLY

Psalm 150 ends by saying, “let everything that has breath praise the Lord!” Everyone should praise God everywhere – that is what God deserves. God’s entire redemptive story reveals His glory to us. We learn to expand our expression of praise by practicing all the time. What step can you take this week to express praise everywhere and grow in consistency? _____

WEEK 1: DAY 1: Luke 8 DAY 2: Luke 9 DAY 3: Luke 10 DAY 4: Luke 22 DAY 5: Luke 23 DAY 6: Catch Up/Reflection DAY 7: Catch Up/Reflection